

## The Battle of the Mind

Scripture: **Proverbs 4:20-27**

### **The Value of your mind**

“You are who you are because you think what you think” -Tom Farrell

“You are today where your thoughts have brought you, you will be tomorrow where your thoughts take you.”

- Tom Farrell

\*822 times in the Bible the word heart is used, 204 times it is referring to your mind.

(Genesis 6:5)

1. Satan wants to destroy your mind

(I Peter 5:8, John 10:10a, John 8:44)

2. How will Satan destroy your mind

A. Your ears (What you hear) **Proverbs 4:24**

1. Satan Twists God's Words (**Genesis 3:1-4**)

2. Your friends - “Show me your friends and I'll show you your future”

3. Council (Psalm 1:1, Proverbs 19:27) Where do you receive your council from?

4. Profanity- When you hear things enough, you will begin to use them yourself

5. Music- Music is very powerful! (Colossians 3:16, Ecclesiastes 7:5)

B. Your eyes (What you see) **Proverbs 4:25**

1. Satan makes sin look good (**Genesis 3:5-6**) Media = Communication

2. Media is destroying your mind(Psalm 101:3)

a. Movies and TV shows

1. Abortion (Luke 1:41a)

2. Homosexuality(Leviticus 18:22)

3. Sexual immorality (Heb. 13:4)

4. Profanity (Exodus 20:7)

b. Pornography- “Adult Entertainment” (Psalm 101:3)

**Do you have things to hide? They are not hidden from God!**

c. Video games - violence(Genesis 6:11)

3. What do we do to keep Satan from destroying our mind?

A. You can't change yesterday! (I John 1:9) Repent = Change your mind

B. Guard yourself (**Proverbs 4:23**) Keep = Guard

C. Strengthen your relationship with God

1. God's house (Hebrews 10:25)

2. God's Word (Psalm 119:11)

3. Obedience to God (**Romans 12:1-2,9**)

Garbage in ≠ Righteousness out

Garbage in = Garbage out

Righteousness in = Righteousness out (Not perfection)

**Stop letting Satan destroy our minds and the minds of our children!**